



The Bariatric & Metabolic
WEIGHT LOSS CENTER
 A subsidiary of Piedmont Family Practice

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Name: _____ **DOB:** _____ **Date:** _____

Depression Screening: PHQ-2

Many people think of depression as simply being sad. But it's more than sadness. It's a combination of multiple symptoms. This is not a complete diagnostic tool, so be sure to speak with your healthcare provider about all of your depressive symptoms. It's important to discuss potential treatment options that may help you.

Fill out the questions below

Over the last 2 weeks, how often have you been Every bothered by any of the following problems?	Not at All	Several days	More Than ½ the days	Nearly every day
1.) Little interest or pleasure in doing things	0	1	2	3
2.) Feeling down, depressed, or hopeless	0	1	2	3

Add columns: 0 + _____ + _____ + _____

=TOTAL Score: _____